BENJAMIN R. MILES

3836 NE 95th St. Seattle, WA 98115

360-431-7999

PROFESSIONAL SUMMARY

High-performing entry-level occupational health, safety, and environmental specialist with experience in construction safety.

EXPERIENCE

Health, Safety & Environment (HSE) Intern, PCL Construction, Los Angeles, CA
June 2016 to September 2016

- Scored in the top 5% of all PCL interns across the nation according to work performance categories.
- Training & Inspections: Conducted daily safety orientations for new hires, weekly tailgate safety trainings for entire site (100+ workers), weekly & daily site inspections, & monthly HSE Committee meetings.
- Incident Analysis: Responsible for all incident investigations regarding injuries, illnesses, near misses, & property damage.
- Recordkeeping: Oversaw the safety aspect of an entire worksite and recorded/input/filed all necessary safety documentation for all parties involved. Proficiently implemented state and federal OSHA regulations.

Drywall Hanger/Framer/Carpenter, Reynolds Interiors, Seattle, WA
June 2013 to June 2016

- Framed walls, hung drywall, performed basic carpentry/demolition.

EDUCATION

Central Washington University in Ellensburg, WA

- B.S. in Safety and Health Management (2017)

Wahkiakum High School in Cathlamet, WA

- High School Diploma

REFERENCES

Mel Rostron
HSE Director
425-365-5652

Eddie Miles
Reynolds Interiors Owner
206-251-9083

Vanessa de la Torre
HSE Coordinator (mentor)
310-703-4264